

Anna Mora Carrillo de Albornoz Curriculum Vitae



Spirits of Dance *Moving from Freedom*

Anna Mora
Address: Marowijnestraat 1
1058 VS Amsterdam / The Netherlands
Phone : +31 (0)20 6166408
Mobile: +31 (0)6 22673469
Email: AnnaMora@spiritsofdance.com

Personal

Born: 26 July 1970

Nationality: Mexican

Profession : dancer, teacher and choreographer

Languages: Spanish, English, Italian, Dutch

Education

- 1998 - 2000 **“Amsterdamse Hogeschool voor de Kunsten”**
School of New Dance Development, The Netherlands
- 1997 - 1998 **“Rotterdamse Dansacademie”**
Modern Dance and Choreography, The Netherlands
- 1982 - 1988 **“Instituto Nacional de Bellas Artes”**
Medium and High School, Mexico City, Mexico
- 1981 - 1988 **“National School of Performing Arts”**
Graduated as a Professional Dancer, Mexico City, Mexico
- 1979 - 1981 **“National Basic School of Performing Arts”**
Mexico City, Mexico

Teaching Experience

- 2002 - now **“Theaterschool - National Ballet Academy”**
Weekly condition training for young talent in Classical Ballet, Amsterdam, The Netherlands
- 2001 - now **“Henny Jürriens Foundation”**
Open classes for professional dancers, Classical Ballet, Amsterdam, the Netherlands
- 2000 - now **“Impulse International”**
Classical Ballet, Floor-barre and Jazz, all level, Maastricht, The Netherlands
- 2000 - now **“Theaterschool Amsterdam”**
Orientatiecursus and herfstvakantie cursus
Classical Ballet for young talent
- 2000 - now **“Spirits of Dance”**
Independent own Dance- and Movement Company, offering classes and coaching in:
Pilates / Floor-barre / Yoga
Classical Ballet
Modern Dance
Jazz Ballet
Body-Mind Centering
Improvisation and Composition
Amsterdam, The Netherlands
- 1999 - 2000 **“Escuela Nacional de Danza Veracruzana”**
Intensive Winter Course (January 1998-1999 and 1999-2000) Classical Ballet, Composition, Improvisation and Modern Dance, Veracruz, Mexico
- 1998 - now **“Amsterdam Dance Center”**
Classical Ballet, intermediate-advance level, Amsterdam, The Netherlands
- 1999 - 2001 **“Cantaloop Coach”**
Personal Training, Amsterdam, The Netherlands
- 1999 **“Theaterschool”**
School of New Dance Development, Classical Ballet intermediate, Amsterdam, The Netherlands
- 1994 - 1993 **“Centro Studio di Danza”**
Classical Ballet-all levels, Castelfidardo, Italy
- 1995 - 1992 **“Istituto de Danza Clasica Pavlova”**
Classical Ballet-all levels, Mexico City

Professional Dance Experience

- 1996 **Tanz Pur “Renaissance de la Danse”**
Frankfurt, Germany
- 1995 **“Ballet van het Zuiden”**
Amsterdam, The Netherlands
- 1994 - 1995 **“Het Nationale Ballet**
Amsterdam, The Netherlands
- 1992 - 1994 **“Ballet Neoclasico de America Latina”**
dancer and coordinator, Mexico City, Mexico
- 1993 **“Balletto de L’Opera de Macerata e Jesi”**
Macerata, Jesi, Italy
- 1992 **“Compañia de Danza Moderna de la Universidad de Guadalajara”**
Jalisco, Mexico
- 1991 **“Classic and Modern Festival Dance Company”**
Guanajuato, Mexico
- 1990 **“Tanztheater Karlsruhe**
Karlsruhe, Germany
- 1988 - 1990 **“Compañia Nacional de Danza”**
Mexico City, Mexico

Dance Courses, Festivals and Competitions

- 1998 - 2000 **“School of New Dance Development”(SNDO)**
Dance Workshops:
Composition, Teacher: Trude Cone
Contact Improvisation, Teacher: Natanja den Boeft
Improvisation and Composition, Teacher: Katy Duck
Lighting, Teacher: Dennis Gillanders
Body-Mind Centering, Teacher: Naomi Duveen
Scenography, Teacher: Sher Doruff
Dramaturgy, Teacher: Hildergard de Wijst
Exploration, Teachers: Trude Cone and Alan Mc Dermot

- 1997 - 1998 **“Rotterdamse Dansacademie”**
Dance Workshops:
Laban’s Theory, Teacher: Ciel Werts
Composition: “Space-Harmony”, Teacher: Ciel Werts
Jennifer’s Mullers Technique, Teacher: Michael Jahoda
Horton Technique, Teacher: Ray Tadio
Music Analysis, Teacher: Don Satijn
- 1994 **Contemporary Dance Festival of San Luis Potosi**, Mexico
Contemporary Dance Festival/National University of Guadalajara, Mexico
- 1993 **Concourse International de Danse ’93**, Luxembourg
- 1992 **Floor barre,(diverse techniques)**, Denmark, France and Italy
- 1991 **International Ballet Paedagogic Seminary ’91**
Varna, Bulgaria
- 1989 **Anargiros Seminary**, Spetses Island, Greece
International Ballet Paedagogic Seminary ’89
Varna, Bulgaria
- 1988 **Russian and Danish Techniques Courses** (imparted by: Kirsten Ralof and Yuri Grigorovich)

Own Choreographies

- 1999 **“Going Back Home”**, created for SNDO performances
- 1998 **“Amor Natural”**, selected to be performed in “The Story Telling Festival” Performed at The Rode Hoed, Amsterdam and at The Amsterdamse Dance Center for it’s “Open Podium Festival”
“Tangedie”, created for de Rotterdamse Dansacademie, also performed at De Danswerkplaats “Open Podium”
- 1995 - 1996 **“Quetzalcoatl”**, selected to be performed by Het Nationale Ballet Workshop
“Eastern shadows”, selected to be performed by Het Nationale Ballet Workshop
- 1989 - 1988 **“Pensamientos”**, chosen as best choreography of the year of the School of Fine Arts, Mexico City, Mexico
“Climax”, chosen as best choreography of the year School of Fine Arts, Mexico City, Mexico

Scholarships

- 2000 - 1998 **“Nederlandse organisatie voor internationale samenwerking in het hoger onderwijs” (Nuffic)**
Kubus Program, The Hague, The Netherlands
- 1999 - 1997 **“Fondo Nacional para la Cultura y las Artes”**
“Instituto Nacional de las Bellas Artes”(INBA)
Mexico City, Mexico
- 1995 **“NUFFIC”**
Kubus Program, The Hague, The Netherlands